



## CITY OF REDDING ADOPT-A-TRAIL PROGRAM SAFETY REQUIREMENTS



Acceptance of, and adherence to, these safety conditions are requirements of participation in the City of Redding's Adopt-a-Trail Program.

While cleaning your adopted area, remember: **SAFETY FIRST!**

- Stay off the roadway.
- Use caution when crossing the street, roadway, public facility, public parking area, park, public open space, and trail. Use crosswalks and signals where available and be aware of other trail users.
- Face any oncoming traffic as you work and keep an eye on traffic. Be prepared to move quickly if necessary.
- Discontinue work before dusk.
- Do not attempt to work when fog or other conditions reduce visibility for drivers.
- Do not attempt to work when paved surfaces are icy or otherwise unsafe.
- Do not touch or attempt to remove materials that you suspect may be toxic or hazardous. Items to avoid include powders, chemicals, smelly substances, suspicious packages, chemical drums or containers, weapons, syringes or hypodermic needles, dead or wounded animals, and broken glass. Immediately notify the City of Redding, Solid Waste Utility, or the Redding Police Department of the location of weapons or suspected toxic substances.
- Do not try to compact trash bags. Injuries from broken or jagged objects may occur.
- Wear the supplied safety vests whenever you are working in your adopted area.
- Gloves are recommended.
- Wear long pants and substantial, leather shoes or boots with ankle support. Watch your footing and stay off steep slopes, drainage facilities or places from which you might fall. Light-colored clothing, long sleeved shirts and sun screen lotion are recommended.
- Avoid overexertion. Drink plenty of water, especially on warm, humid days. Do not consume alcoholic beverages before or during your cleanup event.
- Be alert for places where snakes may be located. Also, be alert for stinging insects and poisonous plants; i.e., Poison Oak.
- Participants' vehicles shall be legally located off the traveled way so as not to interfere with the free flow of traffic.